

Club Hours: Monday through Friday 6am — 10pm Saturday and Sunday 7am — 9pm

Glass House Pool Hours:

Monday—Friday 6am — 1pm & 4pm — 8pm
Saturday & Sunday 7am — 8pm

Summer Hours (Memorial Day thru Labor Day)

Monday—Friday 6am—8pm
Saturday & Sunday 7am—8pm

Fun Pool Hours:

Summer Only
(weather permitting)
11am—8pm

Child Care Hours:

Monday—Friday
8am — 1pm & 4pm — 8pm
Saturday
8am — 1pm

Did you know?

- As a current member, if you refer someone and they join as a monthly or annual member, you receive a free month of membership (up to \$65/\$35 senior). So talk to your friends, working out with a buddy is twice as nice!**
 - You can see our Court Scheduler, upcoming and registered programs and much more with the CourtReserve Mobile app. See the Front desk to get your log in.**
- Non-members are welcome to use our facility as guests with a member or by themselves. All guests must go in to our CourtReserve Software and liability forms must be signed. \$20 per guest over age 2 without a member, \$10 per guest ages 2 and over with accompanying member.
 - Child memberships are for ages 5 to 18. Child Members under 5 are free, however, to qualify for member benefits (member class pricing, nursery, etc.) they must be on a membership and a family initiation must be paid.
 - College Members ages 18 to 23 in the same household as their parents, are eligible to be on their parents' membership at the discounted rate of \$35 a month. To qualify for the College Membership, students must provide a current class schedule and college ID.
 - New members get a FREE 45 minute fitness orientation with a personal trainer to learn to use exercise equipment properly.
 - Lockers are available for daily use but you must remove everything when you leave. If you'd like a permanent locker you may rent one for \$10 (short locker) or \$15 (tall locker) a month. Men's Executive Lockers are \$25 a month.
 - Members can receive 2 hours of FREE child care daily. After 2 hours, a \$5 per hour rate applies. Non-member guests and APTC clients may use the child care at the rate of \$5 per hour, per child. Child Care is first come first served, limited to 7 children at a time. Parent/Guardian must remain on site.
 - Fitness, Aquatics and Entertainment Schedules are available on-line. Print versions are available at the front desk.
 - In the unfortunate event of a class cancellation, a message will be sent to your email. We do our best to send them out in a timely manner, but occasionally emergencies arise. There is an email sign-up sheet at the front desk, please print clearly. If you unsubscribe at any time you must visit our website to resubscribe, www.deerlakeathleticclub.com.

- Parents/Guardians must be in the building while their children are on the premises. Children must have adult supervision while at the Club.
- Children must be at least 14 years old to be in the workout rooms or use the pools unsupervised
- Children at least 16 years old may watch siblings at least 6 years old at the pools.
- Children ages 5 years and under must be supervised by their parent or guardian while at any pool.
- Food may not be brought in to DLAC, Inc.'s child care facilities.
- Any child who causes physical or psychological harm to any child or staff member while in DLAC child care will not be permitted to use DLAC child care.
- The child care center has capacity limits. DLAC reserves the right to refuse child care if limit is reached.
- Only personal in-ear speakers (i.e. Air Pod type) permitted.
- Wristbands are required to be worn at all times while in the Glass House and Outdoor Fun Pool area, regardless if swimming or not. Wristbands are valid for one day, and may not be used on future visits.
- No rafts or projectiles (i.e. footballs (including Nerf-type), basketballs, etc.) or mermaid tails are permitted in or near pools. Inflatable beach balls are permitted, but must be used in a safe manner.
- No coolers or outside food or beverages permitted.
- Alcohol must remain behind/inside the green gates surrounding the Glass House and Outdoor Fun Pool.
- Failure to comply with rules and regulations of the club or to respect the privileges of others shall constitute grounds for termination of membership at the discretion of club management.
- Membership and Initiation fees are non-refundable.
- No smoking or vaping, please.
- Monthly memberships cancelled in writing...
 - Between the 1st and 10th of a month expire at the end of that month.
 - Between the 11th and 20th of the month are billed on the 27th of that month for 15 days of the next month. Membership expires on the 15th of the next month.
 - After the 20th of the month are billed on the 27th of the month for membership the entire next month.
- Deer Lake Athletic Club reserves the right to revise policies at any time.