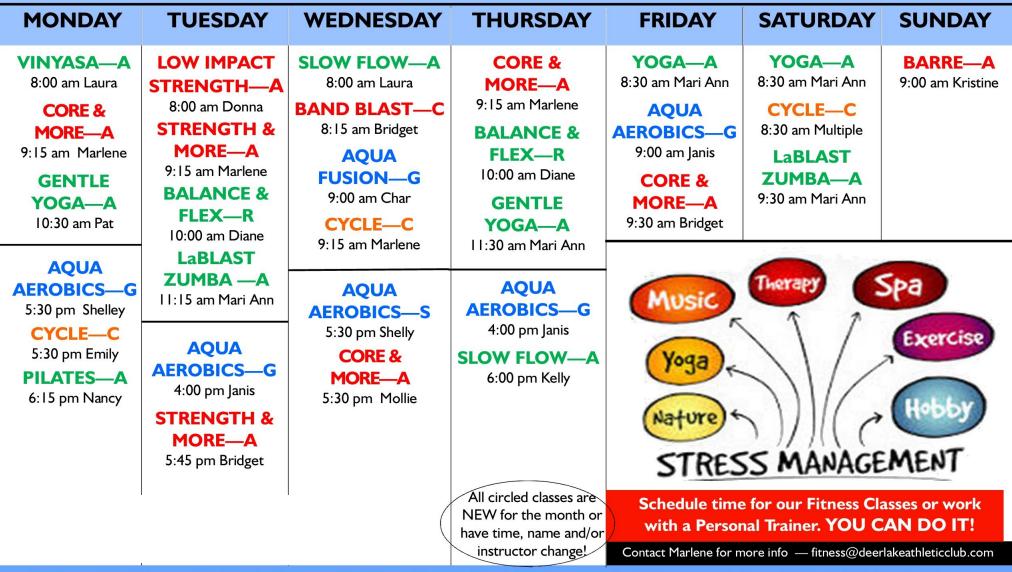
April 2025 — Stress Awareness Month



A- Aerobics Room, C- Cycle Room, G- Glass House Pool, R- Racquetball Courts, S- Small Pool, T- Tennis Courts

CHILD CARE HOURS: Monday through Friday, 8am-1pm and 4pm-8pm; Saturday, 8am-1pm.

All classes are 55 minutes unless otherwise noted in description. Classes are suspended on these holidays: New Year's Day, Easter, Mother's Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving and Christmas Day.