

SUMMER JUNIOR TENNIS

DEER LAKE ATHLETIC CLUB

6167 White Lake Road, Clarkston MI 48346

248.625.8686

www.deerlakeathleticclub.com

SESSION ONE

**MONDAY, TUESDAY,
WEDNESDAY AND
THURSDAY**

June 9—26

Each class meets twice a week for three weeks!



RED BALL

BEGINNER Ages 4-5

Mon. and Wed. 5-6 pm

Tue. and Thurs. 9-10 am

Our youngest players are introduced to handling racquets, ball control, and basic strokes in a fun environment. Lower nets and lighter, lower bouncing balls are often used. Drills and games to encourage a love for tennis and understanding of the court. Players will learn coordination and hitting - beginning to develop skills that will last a lifetime.



ORANGE BALL

LEVEL ONE Ages 6-8

Mon. and Wed. 6-7 pm

Tue. and Thurs. 10-11 am

For elementary-aged players with no, or very little, tennis experience. Introduces the game in a safe, fun and enthusiastic environment using low compression orange balls. This class will focus on stroke production and teach the fundamentals of movement on a tennis court. Serving and score-keeping will be introduced.



GREEN BALL

LEVEL ONE Ages 9-10

Tue. and Thurs. 11 am-12 Noon

This class is designed for players with some experience. Forehand, backhand, volley and serve fundamentals will be stressed. Movement, footwork, court positioning and basic tactics are introduced. Players learn competitive and cooperative games. Tennis scoring will be discussed.



YELLOW BALL

LEVEL ONE Ages 11+

Tue. and Thurs. 12-1 pm

For players with little or no previous instruction and who are considering playing in high school or just looking for a fun, social activity. Players will learn on full-size courts with regular balls and equipment. Introduction to proper grip, forehand, backhand, serve and volley are taught with emphasis on technique, footwork, match play and rules of the game.



**Enrolled in DLAC
Summer Camp?**

50%

Join tennis and get a discount!

COST PER SESSION:

\$109 members

\$129 non-members

**Register through the CourtReserve App
or with the Front Desk, 248.625.8686.**

DLAC JUNIOR TENNIS CLASS DESCRIPTIONS



RED BALL (4-5 yrs)

Our youngest players are introduced to handling racquets, ball control, and basic strokes in a fun environment. Lower nets and lighter, lower bouncing balls are often used. Drills and games to encourage a love for tennis and understanding of the court. Players will learn coordination and hitting — beginning to develop skills that will last a lifetime.

ORANGE BALL LEVEL ONE (6-8 yrs)

For elementary-aged players with no, or very little, tennis experience. Introduces the game in a safe, fun and enthusiastic environment using low compression orange balls. This class will focus on stroke production and teach the fundamentals of movement on a tennis court. Serving and score-keeping will be introduced.

GREEN BALL LEVEL ONE (9-10 yrs)

This class is designed for players with some experience. Forehand, backhand, volley and serve fundamentals will be stressed. Movement, footwork, court positioning and basic tactics are introduced. Players learn competitive and cooperative games. Tennis scoring will be discussed.

YELLOW BALL LEVEL ONE (11 yrs and up)

For players with little or no previous instruction and who are considering playing in high school or just looking for a fun, social activity. Players will learn on full-size courts with regular balls and equipment. Introduction to proper grip, forehand, backhand, serve and volley are taught with emphasis on technique, footwork, match play and rules of the game.

