

**FAQ's**

**How do I sign up?**

Email [swim@deerlakeathleticclub.com](mailto:swim@deerlakeathleticclub.com) with your swimmer's name, DOB, a contact phone number, and the day/time of the class you'd like to sign up for. Our team members will get back to you within 24 hours!

**Is membership required to sign up for swim lessons?**

No! While memberships have a great deal of benefits, it's not a requirement for lessons.

**What age can my child begin lessons?**

We welcome swimmers as young as 6 months old in our Parent Infant classes!

**Do I go right to the pool when we arrive?**

NO! Please make sure to ALWAYS check in at the front desk! Thank you!

**Is there a locker room to change in?**

Yes, we have a women's locker room, a men's locker room, and a family changing room available for use.

**Do I need to be in the pool with my swimmer?**

Only for our Parent Infant and Parent Tot classes. You're welcome to sit by the pool to watch, or we have the Back Court restaurant upstairs where you can relax and enjoy your 30 minute "me time."

**How long are the lessons?**

All lessons are 30 minutes.

**I'm interested in a semi-private but only have one swimmer, can I still do a semi-private?**

We will do our best to match swimmers of similar levels, so please let us know you're interested in a semi-private. However, we can't guarantee placement in a semi-private lesson.

**How does my child move up a level?**

Our instructors will continue to provide feedback on progress and have benchmarks each swimmer needs to hit in order to move up a level.

**How do I cancel a lesson?**

Contact the front desk at 248-625-8686 to cancel your swim lesson.

**CONTACT US:**

 248.625.8686 EXT. 6

 [swim@deerlakeathleticclub.com](mailto:swim@deerlakeathleticclub.com)

[www.deerlakeathleticclub.com](http://www.deerlakeathleticclub.com)

 6167 White Lake Rd.  
Clarkston, MI 48346



**DEER LAKE**  
**ATHLETIC CLUB**



**SWIM  
FALL 2025**

**SESSION 1**  
**SEPTEMBER 1 - 27**

**ABBEE LABATE**  
**SWIM COORDINATOR**  
[swim@deerlakeathleticclub.com](mailto:swim@deerlakeathleticclub.com)  
248.625.8686 EXT. 6



**DLAC DOLPHINS**  
**SWIM TEAM DATES**  
**TUESDAYS & THURSDAYS**  
**OCT 14 - NOV 20**

# SWIM LEVELS

## Junior Beginner:

Water safety, becoming familiar and comfortable in the water. Basic games and encouraging learning through play.

## Beginner:

Learning to blow bubbles, float on back, roll over, become familiar with and comfortable in the water.

## Intermediate:

Beginning side breathing, developing two of the four main strokes: freestyle and backstroke.

## Advanced:

Able to glide, flutter on back and stomach, able to execute side breathing, continuing to develop the four main strokes: freestyle, backstroke, butterfly, breaststroke.

## LESSON TYPES & PRICING

Lessons are booked monthly in 3 or 4 week sessions, once per week for 30 minutes.

### Private Lessons (member/non-member)

3 week session \$90/\$105  
4 week session \$120/\$140

### Semi Private Lessons

3 week session \$75/\$90  
4 week session \$100/\$120

### Group Lessons

3 week session \$60/\$75  
4 week session \$80/\$100

## Group Lesson Schedule

### Parent-Infant

(6 months-18 months with parent)  
Saturday 9:00am - 9:30am

### Parent-Tot

(18 months-3 years with parent)  
Saturday 9:30am - 10:00am

### Junior Beginner

(3-6 years)  
Saturday 10:00am - 10:30am

### Beginner

(6-8 years)  
Monday 6:30pm - 7:00pm  
Saturday 10:30am - 11:00am

### Intermediate

(6-11 years)  
Monday 7:00pm - 7:30pm

### Advanced

(6-11 years)  
Monday 7:30pm - 8:00pm

## DLAC DOLPHINS SWIM TEAM

with Coach Hannah

Tuesdays - 6:00-7:00pm  
and

Thursdays - 6:00-7:00pm

6 Week, pre-paid Rates  
(member/non-member)  
\$192/\$240

### Drop-in Rates

(member/non-member)  
\$20/\$25



1

## TEACH POOL

**Teach Pool:** This soft-water pool maxes out at 5 foot depth, and is where the majority of our lessons take place.

2

## GLASS HOUSE POOL

**Glass House Pool:** This pool is a deeper pool, max 10 foot depth, with swim lanes for lap swimmers. This pool is used for advanced classes.

3

## OUTDOOR POOL

This zero depth entry pool features several waterspouts, a fountain, and a waterslide. Open from Memorial Day to Labor Day.

## MAKE-UP POLICY

For Private and Semi-private Lessons canceled with less than 24 hours notice:

For all lesson types (private/semi-private/group), your swimmer is welcome to join one of our group lessons in the current session as a make-up, depending on class availability.

For Private and Semi-private Lessons canceled with more than 24 hours notice: An equivalent lesson type (private/semi-private/group) may be scheduled within the current session, pending availability.

*If no make-up lessons can be accommodated in the current swim session, make-up lessons may be carried over to future sessions.*